



Kohimarama Yacht Club

Learn to Sail



Format

Coaching involves whiteboard lessons followed by sailing instructions on the water. It is important that your child attends all the sessions to cover all the required elements of the program. Parent participation in white board lessons is encouraged, as this keeps parents "on the same page", and non sailing parents learn along with their children. Younger siblings are also welcome,... this is a family club.

The children will receive a Yachting NZ certificate upon completion of the course. They will then progress to Learn to Race.

There is a lot to learn from our YNZ qualified coaches, and inspiration from past Learn to Sail students and Olympic gold medal winners.





Kohimarama Yacht Club

Learn to Sail course - open for registration.

- ❖ Starting Sunday 29th September 2013
- ❖ The course is run for 10 weeks every Sunday
- ❖ For boys and girls aged 9 and above
- ❖ Optimist boats available to charter.
- ❖ Coaching ratio is one coach to 5 sailors;
- ❖ Sailors will not only learn how to sail. They will learn a healthy respect of the water, decision-making, and courage.

If you are interested please contact: Des Paterson
ph.5752949 evenings or... des.paterson@yahoo.com

Also view our website www.kyc.org.nz Here you can book and pay for a place using the online club hub booking system.

Parent support

The club encourages a supportive parental and family environment. Learn to Sail children will need your help with rigging and launching the boats, followed by retrieving, washing and de-rigging at the end of the day as they will be tired. No previous sailing experience is needed, as both you and your child will learn along the way.... all good fun.

There will be moments of activity and moments of forced relaxation on the beach or at the club reading a newspaper while the children are on the water. A pair of binoculars is very useful... along with a free cup of tea on the top deck.

Minimum Requirement

Sailors need to at least be able to swim 50 meters in full sailing gear including buoyancy aid in the sea. They also need to be water confident and capable of swimming beneath an up turned yacht.



Sailing is a sport where girls and boys can compete equally. All will achieve individual milestones and success at different stages of their development as a sailor. Kohimarama Yacht Club offers children and parents an extraordinary journey together.



Kohimarama Yacht Club
Supported by Winger Subaru