



## JUNIOR SAIL 2023 OPTIMIST GREEN AND STARLING DEVELOPMENT SAILING INSTRUCTIONS.

### **ABBREVIATIONS**

DP Rules for which the penalties are at the discretion of the Protest Committee. Scoring abbreviation is DPI

NP Rules that are not grounds for protest by a boat. This changes rule RRS. 60.1(a), Right to Protest; Right to Request Redress or Rule 69 Action.

### **1. RULES**

1.1 For the Optimist Green fleet only, the regatta will be governed by the NZIODA Green Fleet Rules for Racing, version 2010-01 May 2010, and are available at the following link.

: <https://sites.google.com/site/nziodadocumentrepository/green-fleet-rules-and-sailing-instructions?authuser=0>

The Starling Class will be governed by the Racing Rules of Sailing

1.2 The Yachting New Zealand Safety Regulations Part 1, will apply.

1.3 The Starling Class and International Optimist Class Rules will apply.

1.4 The Race Signals in the Racing Rules of Sailing will be used.

1.5 Racing Rules of Sailing rule Appendix A, Scoring, will apply as modified by SI 16.1.

1.6 Racing Rules of Sailing rule Appendix G, Identification on Sails, will apply.

1.7 Racing Rules of Sailing rule Appendix G3, Chartered or Loaned Boats, will apply.

### **2. NOTICES TO COMPETITORS**

2.1 Notices to competitors will be posted on the club noticeboard and on the team app. Go to Team App and join JUNIOR SAIL 2023 to access.

### **3 CHANGES TO SAILING INSTRUCTIONS**

3.1 Any change to the Sailing Instructions will be posted before 0930 hours on the day it will take effect, except that any change to the schedule of races will be posted by 1800 hours or the end of protest time whichever is earlier on the day before it will take effect.

### **4. SIGNALS MADE ASHORE**

4.1 Signals made ashore will be displayed from the clubhouse flagstaff.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with not less than 30 minutes' in race signal, AP.

4.3 Flag D with a sound signal means: 'the warning signal will be made not less than 30 minutes after Flag D is displayed.'

Launching will be managed by D Flag with course area letter flag.

Boats shall not go afloat until their course flag signal is made.

Class fleets will have a staggered launching.

### **5. REGISTRATION**

5.1 Registration will be from 0800 to 0930 on Saturday 11<sup>th</sup> February at Kohimarama Yacht Club.

### **6. BRIEFINGS**

6.1 Regatta Briefing will be 0930 on Saturday 11<sup>th</sup> February at Kohimarama Yacht Club. A support boat briefing will follow the sailors briefing.

6.2 There will be an additional green & development fleet briefing held at 10.30 on Saturday and 9.30 on subsequent days.

### **7. SCHEDULE OF RACES**

7.1 No practice race is scheduled.

7.2 Six races are scheduled for the regatta.

Saturday 28<sup>th</sup> January - 1130 hours - 3

Sunday 29<sup>th</sup> January - 1100 hours – 3

7.3 Two extra races per race day may be sailed, provided that the event does not become more than one race ahead of schedule and the change is announced at the Sailors Race Day Briefing.

7.4 Up to 5 races per day.

7.5 The warning signal for a subsequent race on the same day will be made as soon as practicable but not sooner than 5 minutes after the last boat finishes the previous race.

7.6 To alert boats that a race or sequence of races will begin soon, the orange flag defining the starboard end of the starting line will be displayed, with one sound signal, for at least five minutes before a warning signal is displayed.

7.7 On the last day of the regatta, no warning signal will be made after 1500.

## **8. CLASS FLAGS**

8.1 The Optimist Green class flag will be a green flag with the class insignia. The Starling Development class flag will be a white flag with the class insignia and a green ribbon.

## **9. RACING AREAS**

9.1 The racing area will be described at the Sailors Briefing.

## **10. THE COURSES**

10.1 The diagram in SI 29 shows the course, including the order in which marks are to be passed, and the side on which each mark is to be left. The course will also be described at the Sailors Briefing.

Course Area A will be for Optimist Green and starling development.

Course area B will be for All others

## **11. MARKS**

11.1 The description of marks 1, 2 and 3 will be advised at the Sailors Briefing.

11.2 The starting and finish marks will be a Race Committee signal boat at the starboard end and a port-end mark.

## **12. THE START**

12.1 The starting line will be between a staff displaying an orange flag on the signal boat and the port end mark.

12.2 A boat starting later than five minutes after her starting signal will be scored Did Not Start. This changes rule A4, Low Point System, and A5, Scores Determined by the Race Committee.

### **13.CHANGE OF THE NEXT LEG OF THE COURSE**

13.1 The Race Committee will not change a leg of the course after the start signal.

### **14. THE FINISH**

14.1 The finishing line will be between a staff displaying a blue flag on a committee boat at the starboard end and the port end mark.

### **15. TIME LIMITS AND TARGET TIMES**

15.1. The time limits and target times in minutes for the first boat are as follows:

Mark 1 Target times

Time limit - 60 minutes

Mark 1 - 20 minutes

Target Time - 30 minutes

15.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, the race will be abandoned.

15.3 Boats failing to finish within twenty minutes after the first boat sails the course and finishes will be scored Did Not Finish.

### **16. STILL RACING SCORE**

16.1 Boats failing to finish within 20 minutes after the first boat sails the course and finishes may be scored SRS, "Still Racing Score". This changes rule A4, Low Point Systems, and A5, Scores Determined by the Race Committee. The end of the 20-minute time limit will be indicated by the removal of the blue flag with one sound on the Race Committee boat. This score will be calculated to be 3 points more than the last boat to finish that race, but not more than DNF.

16.2 Boats requesting SRS must complete a request form within 60 minutes of the last boat finishing the last race of the day. Request forms will be available from the club office.

### **17. IF A BOAT BREAKS A RULE (OPTIMIST GREEN FLEET ONLY)**

17.1 If you think that you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to the RO after the race.

## **18. SCORING**

18.1 One race is required to be completed to constitute a series.

(a) When four races have been completed, a boat's series score will be the total of her race scores.

(b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18.2 To request the correction of an alleged error in posted race or series results, a boat shall complete a Scoring Enquiry Form available from the club office.

## **19. SAFETY REGULATIONS**

19.1 All boats intending to race shall sign on on the sheets provided prior to going afloat for any races.

19.2 On returning to shore, all boats shall sign off.

19.3 Personal flotation devices shall be worn at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.

19.4 Competitors who require assistance shall blow a whistle or wave the paddle or an arm.

19.5 A boat that retires from a race or returns to the launching area before she finished the last race of the day shall notify the Race Committee as soon as possible.

## **20. REPLACEMENT OF CREW OR EQUIPMENT**

20.1 Substitution of competitors will not be allowed. The person onboard shall be the person named on the entry form.

20.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity. If damage occurs on the water, equipment may be substituted before the following race.

20.3 Change of sail numbers will not be allowed without the prior written approval of the Race Committee.

## **21. EQUIPMENT INSPECTION**

21. A boat or equipment may be inspected at any time for compliance with the class rules and sailing

instructions. On the water, a boat can be instructed by a Race Committee-appointed equipment inspector or representative to proceed immediately to a designated area for inspection.

## **22. OFFICIAL BOATS**

22.1 Race Committee boats will be marked with a Kohi Yacht Club Burgee.

## **23. SUPPORT BOATS**

23.1 All occupants of support boats less than 5.6 metres long shall wear an appropriate size personal flotation device (PFD) at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. Each PFD shall comply with Maritime Rules Part 91, Navigation Safety Rules, wet suits and dry suits are not PFDs. For support boats 5.6 metres or longer the Maritime Rules require the boat carry sufficient personal flotation devices of an appropriate size for each person on board and in a readily accessible location.

23.2 When a support vessel has its engine running the outboard kill cord shall be attached to the driver.

23.3 Support boats shall stay outside the course

## **24. RUBBISH DISPOSAL**

24.1 This regatta is a registered Sailors for the Sea CLEAN REGATTA. Competitors are reminded of RRS 55 covering Disposal of Trash: A competitor shall not intentionally put trash in the water. This rule applies at all times while afloat.

## **25. HAUL OUT RESTRICTIONS**

25.1 Unless otherwise directed by the Organising Authority, all competing boats shall be launched and retrieved from the beach at Kohi Yacht Club.

## **26. RADIO COMMUNICATION**

26.1. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile telephones.

## **27. PRIZES**

27.1. Trophies will be awarded as detailed in the Notice of Race

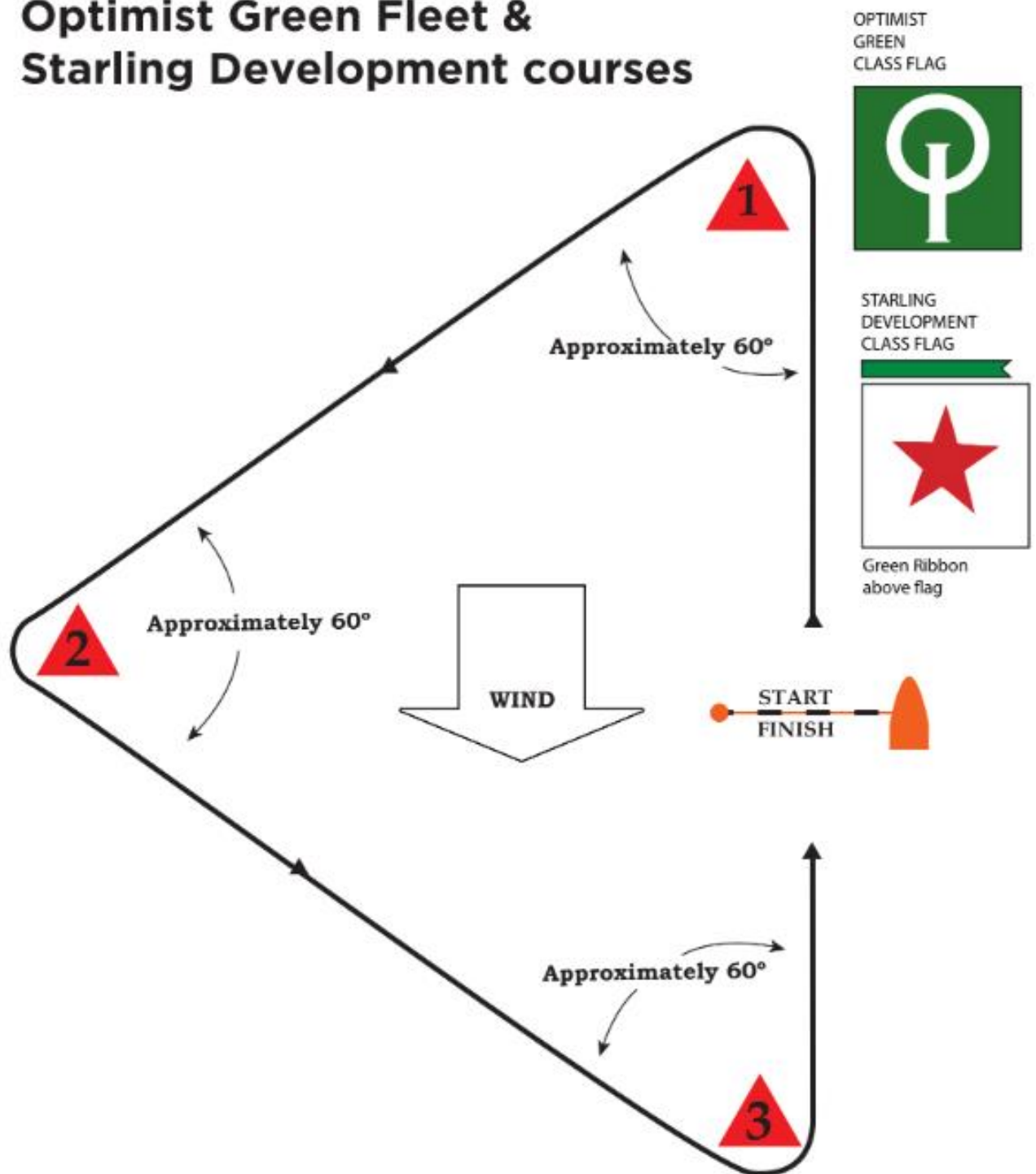
27.2. Spot Prizes may be presented

## **28. RISK STATEMENT**

28.1 Competitors participate in the regatta entirely at their own risk. RRS 3, Decision to Race, states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and the responsible adult agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol vessels and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol vessel cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

# Optimist Green Fleet & Starling Development courses



## COURSE: OPTIMIST GREEN FLEET AND STARLING DEVELOPMENT

Course	Mark Rounding Order
1	START – 1(port) – 2(port) – 3(port) – FINISH
2	START – 1(port) – 2(port) – 3(port) – 1(port) – 2(port) – 3(port) – FINISH



**New Zealand International Optimist Dinghy Association**  
**Green Fleet Rules for Racing**  
**For Sailors**

Version 2010-01 – May 2010

Based on and modified from the ISAF Introductory Rules for Sailing Version 1.01 - February 2008

**These rules should be used for all Green Fleet races**

**Some Explanations**

*Windward and Leeward:* The *leeward* side of your boat is the side where your mainsail lies. The *windward* side is the other side.

*Port and Starboard tack:* You are on *port* or *starboard* tack according to your windward side.

*Advisor:* A person appointed by the race organizers to assist competitors in understanding the rules and, when appropriate, to penalize a boat.

**Basic Rules**

1. You must comply with the principles of good sportsmanship.
2. You must try not to collide with another boat.

**Rules When Boats Meet**

3. When you and the other boat are on opposite tacks, if you are on port tack you must avoid the boat on starboard tack.
4. When you and the other boat are on the same tack, you must avoid the other boat
  - (a) if she is in front of you, or
  - (b) if she is on your leeward side.
5. After starting, when you and the other boat approach a mark or an object that both boats need to avoid, and the other boat is between you and the mark or other object, you must give her sufficient space to pass it safely on the same side. However, when the boats are on opposite tacks at a windward mark, this rule does not apply.
6. When the other boat is required to avoid you, if you change course, you must give the other boat enough time to avoid you.

**Other Rules**

7. At the starting signal you must be behind the starting line.
8. After the starting signal, you must sail the course described by the race organizers.
9. You shall not propel your boat by paddling, sculling with your rudder, rocking your boat, pumping your sail or by being towed.
10. If you know you have broken a rule you may take a one-turn penalty by turning in a circle and doing one tack and one gybe. Avoid other boats when you do this.
11. If you think you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to the advisor after the race. The advisor may then add two points to the score of any boat that has broken a rule. If the offence is serious, the advisor may add extra points to the boat's score.

